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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Kl.** | **Mandag** | **Tirsdag** | **Onsdag** | **Torsdag** | **Fredag** | **Lørdag** | **Søndag** |
| **7.00 – 8.00** |  |  |  |  |  |  |  |
| **8.00 – 9.00** |  |  |  |  |  |  |  |
| **9.00 – 10.00** |  |  |  |  |  | **Badminton** | **Tennis** |
| **10.00 – 11.00** |  |  |  |  |  | **Badminton** | **Tennis** |
| **11.00 – 12.00** |  |  |  |  |  | **Badminton** | **Tennis** |
| **12.00 – 13.00** |  |  |  |  |  |  | **Tennis** |
| **13.00 – 14.00** |  |  |  |  |  |  |  |
| **14.00 – 15.00** |  |  |  |  |  |  |  |
| **15.00 – 16.00** | **TABATA (15.30-16.00)** | **Floorball** | **Badminton / TABATA (15.30-16.00)** | **Bueskydning / Bordtennis** |  |  |  |
| **16.00 – 17.00** | **Dans** | **Volleyball** | **Fodbold** | **Bueskydning / Bordtennis** | **Volleyball** |  |  |
| **17.00 – 18.00** | **Dans** | **Volleyball** | **Fodbold** | **Bueskydning / Bordtennis** | **Volleyball** |  |  |
| **18.00 – 19.00** | **Dans** | **Volleyball** | **Badminton** | **Badminton** | **Volleyball** |  |  |
| **19.00 – 20.00** |  | **Petanque** | **Badminton** | **Badminton** |  |  |  |
| **20.00 – 21.00** |  | **Petanque /**  **Badminton** |  | **Badminton** |  |  |  |
| **21.00 – 22.00** |  | **Badminton** |  | **Badminton** |  |  |  |

TABATA/Motion og Fitness: GMARGJ-GMACG GrundFit: Badminton: GMASHE Floorball: GMAMHEN-GMAJONK Volleyball: GMAHEO Petanque: Jørn Jensen Fodbold: GMAJRRA Bordtennis: GMAFKH Bueskydning: GMANVA-GMAMRE Tennis: GBJJMO   
Dans: GBJSHE Caretaker: GMASONN GC/PDJA: Meet Guest Services/GMAGRU Hobby:   
FU: GMACSL Visitor Service: GMAJAF  
Aflysninger i perioden:

**Uge 3 Søndag den 21/1 - kl. 14-17 GHS Dans**

**Uge 4-5 fra Fredag den 26/1 til og med søndag den 4/2 GLC  
Uge 9 Lørdag den 2/3 - kl. 10 - 18 Volleyball stævne**